

MASSAGE **TERAZI SIGNATURE MASSAGE** PHP 2,900** | 60 minutes
 PHP 3,800** | 90 minutes

East meets West in our Signature Massage, uniquely designed to work on every muscle using a blend of techniques, from Lomi Lomi movements, acupressure points, and Swedish massage. Choose from our collection of oils, each with its own therapeutic properties: Deep Healing, Calming, and Romance.

SPORTS MASSAGE PHP 3,500** | 70 minutes
 PHP 4,000** | 110 minutes

A deep tissue massage focused on trigger points to release tension from muscles that are overused and stressed from the repetitive and aggressive movements in athletic activity.

HILOT PHP 4,000** | 105 minutes

Experience the ancient Filipino healing massage. Using virgin coconut oil, this traditional massage helps restore health with age-old techniques. The rhythmic massage using **dagdagay** sticks improves circulation, while Ventosa or cupping therapy draws negative energy from the body. The treatment ends with a wrap of warm banana leaves for complete relaxation.

FACIAL **NATURAL FACIAL** PHP 2,500** | 60 minutes

Give your skin nature's best with freshly-prepared fruits and other plant based ingredients. Cleanse, moisturize, and tone your skin with a blend of sweet almond oil, cucumber, papaya, oats, aloe vera, and rose water. Combined with a relaxing facial massage to assist lymphatic drainage and blood circulation.

BODY SCRUB **DEAD SEA SALT AND LEMON** PHP 2,700** | 45 minutes

A refreshing way to exfoliate and nurture the skin. Using dead sea salt, citrus ingredients and sweet almond oil, this scrub will mineralize, detoxify and moisturize your skin.

BLACK RICE AND COCONUT PHP 2,700** | 45 minutes

A gentle scrub infused with virgin coconut oil and other local organic ingredients traditionally used for health and beauty.

HAMMAM PHP 3,800** | 45 minutes

A traditional Turkish bath that is growing in popularity in spas all over the world. Experience this bath in a steam-heated room, specially designed after the marble-lined traditional Turkish bath house. The journey begins with dousing, followed by a full body exfoliation using the traditional 'kese' mitt and castile soap. Using radiant heat, Hammam is a truly unique experience that has immediate and visible effects on your skin.

HAMMAM WITH SIGNATURE MASSAGE PHP 5,800** | 120 minutes

Be renewed and refreshed by the 60-minute Terazi Signature Massage, paired with the 45-minute Turkish Hammam treatment.

BODY WRAP **RHASSOUL CLAY** PHP 2,700** | 45 minutes

Made from Rhassoul clay, which is mud from ancient deposits within the Atlas Mountain in Morocco. This clay is rich in minerals that are excellent in detoxifying the skin and improving skin texture.

DEAD SEA MINERAL MUD PHP 2,700** | 45 minutes

Found in the lowest point on dry land, dead sea mud is packed with essential minerals. When it dries, it pulls impurities from the skin and tightens it for toned looking skin.

GINGER HERBAL PHP 2,700** | 45 minutes

Made from ginger and honey, this wrap is not only designed to cleanse and detox the body, but also to protect the skin from early aging. It's perfect for relieving muscle tension.

BATH CREATIONS **MUSCLE SOAK** PHP 1,700** | 30 minutes

The combination of ginger's anti-inflammatory properties, salt's minerals, and the therapeutic effect of warm water is the best remedy to reduce muscle and joint pains.

MILK BATH PHP 1,700** | 30 minutes

Moisturize your skin with the richness of coconut milk whose high oil content helps seal in the moisture from your body, and relax with the calming scent of lavender.

ROSE PETAL BATH PHP 1,500** | 30 minutes

Rose is rich in vitamins and antioxidants. It has been used to treat all kinds of skin ailments due to its antiseptic properties. As a mild diuretic, it rids your body of excess water and works well as a gentle detoxing agent.

SPECIAL OFFER **HOLISTIC SPA PACKAGE** PHP 6,000 NETT | 135 minutes

Pamper yourself with a sequence of treatments designed to soothe and refresh your mind, body, and spirit, leaving you fully rejuvenated. This experience includes: a Body Scrub treatment (choice between the Dead Sea Salt and Lemon and the Black Rice and Coconut) followed by the Terazi Spa Signature Massage, and completed with a refreshing Natural Facial to give you healthy and summer-ready skin.

Enjoy 20% discount when you book the Hilot Massage

or

*the Terazi Signature Massage with choice of body treatment:
 Ginger Herbal Body Wrap / Black Rice and Coconut Body Scrub / Muscle Soak*

Valid until October 2019

